

Varsity Boys' BASKETBALL

Date	Opponent	Time
N. 19-24	at WJOL Thanksgiving Classic	
N. 27	Sandburg	7:30 p.m.
N. 30	at Richards*	7 p.m.
D. 6	Argo*	7 p.m.
D. 8	vs. Providence-St. Mel (Team Rose Shootout)	2 p.m.
D. 11	at Stagg	6 p.m.
D. 14	Shepard*	7 p.m.
D. 21	Marist	7 p.m.
D. 26-30	at York Tournament	
J. 4	at Oak Lawn*	7 p.m.
J. 8	Evergreen Park*	6 p.m.
J. 11	Eisenhower*	7 p.m.
J. 13	vs. Orr (Bob Hambric Shootout)	5:30 p.m.
J. 18	T.F. South*	7 p.m.
J. 21	at Oswego (MLK Day of Hoops)	3:15 p.m.
J. 25	at Reavis*	7 p.m.
J. 26	vs. Lincoln-Way East (LW West Showdown)	2 p.m.
F. 1	at Hillcrest*	6:30 p.m.
F. 8	at Oak Forest*	7 p.m.
F. 12	Bremen*	7 p.m.
F. 15	at Tinley Park*	6:30 p.m.
F. 16	at DeKalb Shootout	
F. 22	at T.F. North*	6:45 p.m.
F. 25-M. 1	IHSA State Playoffs – Regional	
M. 5-8	IHSA State Playoffs – Sectional	
M. 12	IHSA State Playoffs – Super-Sectional	
M. 15-16	IHSA State Playoffs – State Finals	

* - South Suburban Conference (SSC) game
Home games held at Lemont High School
Head Coach: Rick Runaas

Assistant Coaches: Tanner Mitchell, Graylin Smith, Matt Synowiecki

Varsity Girls' BASKETBALL

Date	Opponent	Time
N. 15-21	at IC Catholic Prep Invitational	
N. 27	Sandburg	6 p.m.
N. 29	at Argo*	7 p.m.
D. 4	at Shepard*	7 p.m.
D. 6	Oak Lawn*	5:30 p.m.
D. 11	Romeoville	7 p.m.
D. 13	at Evergreen Park*	7:30 p.m.
D. 17	at Plainfield East	6:30 p.m.
D. 26-29	at Oswego East Invitational	
J. 3	at Eisenhower*	6:30 p.m.
J. 8	Richards*	7:30 p.m.
J. 12	at Glenbard South	1 p.m.
J. 15	T.F. North*	7 p.m.
J. 17	at T.F. South*	7 p.m.
J. 22	Willowbrook	7 p.m.
J. 24	Oak Forest*	7 p.m.
J. 29	at Bremen*	6:30 p.m.
F. 1	Hillcrest*	7 p.m.
F. 5	Tinley Park*	7 p.m.
F. 8	Reavis*	7 p.m.
F. 11-15	IHSA State Playoffs – Regional	
F. 18-21	IHSA State Playoffs – Sectional	
F. 25	IHSA State Playoffs – Super-Sectional	
M. 1-2	IHSA State Playoffs – State Finals	

* - South Suburban Conference (SSC) game
Home games held at Lemont High School
Head Coach: Tracy Rainey

Assistant Coaches: Cindy DeLude, Shannon Druley, Lauren Panek

Varsity Boys' BOWLING

Date	Opponent	Time
N. 5	at Hinsdale Central	4 p.m.
N. 6	at Oak Lawn*	4:30 p.m.
N. 7	Bremen*	4:30 p.m.
N. 13	at Tinley Park*	4:30 p.m.
N. 14	Hillcrest*	4:30 p.m.
N. 17	at Oak Lawn Invitational	9 a.m.
N. 20	at Oak Forest*	4:30 p.m.
N. 27	T.F. South*	4:30 p.m.
D. 3	Evergreen Park*	4:30 p.m.
D. 4	Eisenhower*	4:30 p.m.
D. 6	at Reavis*	4:30 p.m.
D. 8	at Sandburg Invitational	8 a.m.
D. 11	at Shepard*	4:30 p.m.
D. 13	at T.F. North*	4:30 p.m.
D. 17	at Richards*	4:30 p.m.
D. 18	Argo*	4:30 p.m.
J. 4	at South Suburban Conference Meet (hosted by Oak Forest)	4:30 p.m.
J. 8	Naperville North	4:30 p.m.
J. 10	Lyons Township	4:30 p.m.
J. 12	IHSA Regional	
J. 19	IHSA Sectional	
J. 25-26	IHSA State Finals	

* - South Suburban Conference (SSC) meet
Home meets held at Strike n' Spare II (Lockport)
Head Coach: Chuck Surina, Jr.

Varsity Girls' BOWLING

Date	Opponent	Time
N. 24	at Plainfield Central Invitational	9 a.m.
N. 27	Oak Lawn*	4:30 p.m.
N. 28	Bremen*	4:30 p.m.
D. 3	Hillcrest*	4:30 p.m.
D. 4	at Tinley Park*	4:30 p.m.
D. 8	at Plainfield North Invitational	9 a.m.
D. 10	T.F. South*	4:30 p.m.
D. 11	at Oak Forest*	4:30 p.m.
D. 14	at Hinsdale South	4:30 p.m.
D. 15	at Lockport Invitational	9 a.m.
D. 18	Evergreen Park*	4:30 p.m.
D. 27	at Reavis Invitational	9 a.m.
J. 3	at Eisenhower*	4:30 p.m.
J. 5	at Prospect Invitational	8:30 a.m.
J. 7	at Naperville North	4 p.m.
J. 8	Reavis*	4:30 p.m.
J. 10	at Shepard*	4:30 p.m.
J. 12	at Fenton Invitational	9 a.m.
J. 15	T.F. North*	4:30 p.m.
J. 17	at Argo*	4:30 p.m.
J. 22	Richards*	4:30 p.m.
J. 26	at South Suburban Conference Meet (hosted by Bremen)	3 p.m.
J. 29	at Eisenhower Invitational	
F. 2	IHSA Regional	
F. 9	IHSA Sectional	
F. 15-16	IHSA State Finals	

* - South Suburban Conference (SSC) meet
Home meets held at Strike n' Spare II (Lockport)
Head Coach: Mark Hollatz

Assistant Coach: Dave LaBarbera

Varsity CHEERLEADING

Date	Opponent
D. 2	at Sandburg Invitational
D. 8	at Lincoln-Way East Invitational
D. 15	at Rolling Meadows Invitational
D. 16	at Joliet West Invitational
J. 6	at Buffalo Grove Invitational
J. 19	at South Suburban Conference Meet (host TBA)
J. 26	IHSA Sectional
F. 1-2	IHSA State Finals
Head Coach: Dave Erlenbaugh	
Assistant Coaches: Brittany Cantarino, Brianna Grady, Meghan Wilcoxon	

Varsity DANCE

Date	Opponent
N. 17	at Andrew Invitational
D. 1	at Eisenhower Invitational
D. 2	at Oak Forest Invitational
D. 8	at Waubonsie Valley Invitational
D. 15	at Stagg Invitational
J. 9	at South Suburban Conference Meet (host TBA)
J. 19	IHSA Sectional
J. 25-26	IHSA State Finals
Head Coach: Beth Purcell	
Assistant Coach: Stephanie Gloede	

QUICK FACTS

Superintendent.....	Dr. Mary Ticknor
Principal	Eric Michaelsen
Director of Activities & Athletics.....	John Young
Assistant Athletic Director	John St. Clair
Nickname.....	Indians
School Colors	Navy Blue & Gold
Conference.....	South Suburban-Blue Division
Enrollment	1,397
School Phone	(630) 257-5838
Athletic Department Phone.....	(630) 243-3207

VARSITY HEAD COACHES - WINTER SEASON

Cheerleading.....	Dave Erlenbaugh
Boys' Basketball.....	Rick Runaas
Girls' Basketball.....	Tracy Rainey
Boys' Bowling.....	Chuck Surina, Jr.
Girls' Bowling.....	Mark Hollatz
Poms/Dance.....	Beth Purcell
Boys' Swimming.....	Mike Beranek
Wrestling.....	John St. Clair

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Do What's Right! Expectations

Coaches, players and fans who follow these expectations will represent their schools well and create a positive game experience.

1. Accept and understand the seriousness of their responsibility, and the privilege of representing their school and community.
2. Learn the rules of the game thoroughly and discuss them with parents, fans and fellow students.
3. Treat opponents the way they would like to be treated, as a guest or friend.
4. Never direct remarks at opponents in a taunting manner.
5. Wish opponents good luck before the game and congratulate them in a sincere manner following either a victory or defeat.
6. Respect the integrity and judgement of the game officials.
7. Display great effort and hustle on the field or floor.
8. Play unselfishly in such a way as to build up their team, without drawing unnecessary attention to themselves.
9. Yield to the authority and direction of all floor officials, bench officials, school personnel and coaches.

Varsity Boys' SWIMMING

Date	Opponent	Time
D. 6	at LW West (w/ Homewood-Flossmoor)	5 p.m.
D. 11	at Oak Lawn* (w/ T.F. Co-Op*)	4:30 p.m.
D. 15	at Eisenhower Invitational	9 a.m.
D. 18	at Tinley Park* (w/ Evergreen Park*)	4:30 p.m.
D. 27	at Lincoln-Way Central Invitational	10 a.m.
J. 3	Bremen*/Eisenhower*	10 a.m.
J. 8	at Richards*	5 p.m.
J. 12	at Riverside-Brookfield Invitational	9 a.m.
J. 17	at Joliet Central	5 p.m.
J. 19	at Buffalo Grove Invitational	6 a.m.
J. 22	Oak Forest*/Reavis*	5 p.m.
J. 24	at Shepard*	4:30 p.m.
F. 1-2	at South Suburban Conference Meet (hosted by Oak Forest)	
F. 7	at Chicago University	4:30 p.m.
F. 16	IHSA Sectional	
F. 22-23	IHSA State Finals	

* - South Suburban Conference (SSC) meet
Home meets held at Lemont Park District

Head Coach: Mike Beranek

Assistant Coach: Ryan Dylla

Varsity WRESTLING

Date	Opponent	Time
D. 1	at Lane Tech Quadrangular	9 a.m.
D. 6	at Reavis*	5 p.m.
D. 7	Oak Forest*	6 p.m.
D. 8	at Wheeling Quadrangular	9 a.m.
D. 13	at Oak Lawn* (w/ Richards*/Tinley Park*)	5 p.m.
D. 15-16	at Hinsdale Central Invitational	4:30 p/9:30 a
D. 20	at Hillcrest* (w/ Argo*/Eisenhower*)	4 p.m.
D. 28-29	at DeKalb Invitational	9 a.m.
J. 4	Bremen*/Shepard*/T.F. South*	5 p.m.
J. 5	at Waubonsie Valley Mega Dual	9 a.m.
J. 10	at T.F. North* (w/ Evergreen Park*)	4:30 p.m.
J. 11	at Lockport	6 p.m.
J. 12	at Batavia Invitational	9 a.m.
J. 19	at South Suburban Conference Meet (hosted by Argo)	
J. 26	at Bolingbrook	10 a.m.
F. 2	IHSA Regional – Individual Regionals	
F. 8-9	IHSA Sectional – Individual Sectionals	
F. 14-16	IHSA State Finals – Individual State Finals	
F. 19	IHSA Sectional – Dual Team Sectionals	
F. 23	IHSA State Finals – Dual Team State Finals	

* - South Suburban Conference (SSC) meet
Home meets held at Lemont High School
Head Coach: John St. Clair

Assistant Coaches: Jimmy Brennan, Ryan Henneby, Erik Murry

* Athletic schedules accurate as of Dec. 7, 2018

Sophomore Boys' BOWLING

Date	Opponent	Time
N. 5	at Hinsdale Central	4 p.m.
N. 6	at Oak Lawn*	4:30 p.m.
N. 7	Bremen*	4:30 p.m.
N. 13	at Tinley Park*	4:30 p.m.
N. 14	Hillcrest*	4:30 p.m.
N. 17	at Oak Lawn Invitational	9 a.m.
N. 20	at Oak Forest*	4:30 p.m.
N. 27	T.F. South*	4:30 p.m.
D. 3	Evergreen Park*	4:30 p.m.
D. 4	Eisenhower*	4:30 p.m.
D. 6	at Reavis*	4:30 p.m.
D. 11	at Shepard*	4:30 p.m.
D. 13	at T.F. North*	4:30 p.m.
D. 17	at Richards*	4:30 p.m.
D. 18	Argo*	4:30 p.m.
J. 4	at South Suburban Conference Meet (hosted by Oak Forest)	
J. 8	Naperville North	4:30 p.m.
J. 10	Lyons Township	4:30 p.m.

* - South Suburban Conference (SSC) meet

Home meets held at **Strike n' Spare II (Lockport)**

Sophomore Coach: Chuck Surina, Jr.

Sophomore Girls' BOWLING

Date	Opponent	Time
N. 27	Oak Lawn*	4:30 p.m.
N. 28	Bremen*	4:30 p.m.
D. 1	at Joliet Central Invitational	9 a.m.
D. 3	Hillcrest*	4:30 p.m.
D. 4	at Tinley Park*	4:30 p.m.
D. 10	T.F. South*	4:30 p.m.
D. 11	at Oak Forest*	4:30 p.m.
D. 14	at Hinsdale South	4 p.m.
D. 15	at Lockport Invitational	9 a.m.
D. 18	Evergreen Park*	4:30 p.m.
J. 3	at Eisenhower*	4:30 p.m.
J. 5	at Palatine Invitational	9 a.m.
J. 7	at Naperville North	4 p.m.
J. 8	Reavis*	4:30 p.m.
J. 10	at Shepard*	4:30 p.m.
J. 15	T.F. North*	4:30 p.m.
J. 17	at Argo*	4:30 p.m.
J. 21	at Plainfield North Invitational	9 a.m.
J. 22	Richards*	4:30 p.m.
J. 23	at Richards Invitational	3 p.m.
J. 26	at South Suburban Conference Meet (hosted by Bremen)	

* - South Suburban Conference (SSC) meet

Home meets held at **Strike n' Spare II (Lockport)**

Sophomore Coach: Dave LaBarbera

Junior Varsity CHEERLEADING

Date	Opponent
D. 2	at Sandburg Invitational
D. 8	at Lincoln-Way East Invitational
D. 15	at Rolling Meadows Invitational
D. 16	at Joliet West Invitational
J. 6	at Buffalo Grove Invitational
J. 19	at South Suburban Conference Meet (host TBA)

Junior Varsity Coach: Brianna Grady

Junior Varsity DANCE

Date	Opponent
N. 17	at Andrew Invitational
D. 1	at Eisenhower Invitational
D. 2	at Oak Forest Invitational
D. 8	at Waubonsie Valley Invitational
D. 15	at Stagg Invitational
J. 9	at South Suburban Conference Meet (host TBA)

Junior Varsity Coach: Stephanie Gloede

Sophomore Boys' SWIMMING

Date	Opponent	Time
D. 6	at LW West (w/ Homewood-Flossmoor)	5 p.m.
D. 11	at Oak Lawn* (w/ T.F. Co-Op*)	4:30 p.m.
D. 15	at Eisenhower Invitational	9 a.m.
D. 18	at Tinley Park* (w/ Evergreen Park*)	4:30 p.m.
J. 3	Bremen*/Eisenhower*	10 a.m.
J. 8	at Richards*	5 p.m.
J. 17	at Joliet Central	5 p.m.
J. 22	Oak Forest*/Reavis*	5 p.m.
J. 24	at Shepard*	4:30 p.m.
F. 1-2	at South Suburban Conference Meet (hosted by Oak Forest)	

* - South Suburban Conference (SSC) meet

Home meets held at **Lemont Park District**

Junior Varsity Coach: Ryan Dylla

JV/Freshman WRESTLING

Date	Opponent	Time
N. 28	at Glenbard South Quadrangular (F)	5:30 p.m.
D. 7	at Reavis* (w/ Oak Forest*) (F/JV)	5 p.m.
D. 8	at Rockford East Invitational (JV)	TBA
D. 14	at Tinley Park* (w/ Oak Lawn*/Richards*) (F/JV)	5 p.m.
D. 15	at Wilmington Invitational (JV)	9 a.m.
D. 20	at Eisenhower* (w/ Argo*/Hillcrest*) (F/JV)	4 p.m.
D. 29	at Homewood-Flossmoor Invitational (F)	9 a.m.
J. 3	at Shepard* (w/ Bremen*/T.F. South*) (F/JV)	10 a.m.
J. 5	at Bolingbrook Invitational (JV)	9 a.m.
J. 10	at T.F. North* (w/ Evergreen Park*) (F/JV)	4:30 p.m.
J. 19	at Rich East Invitational (F)	9 a.m.
J. 26	at South Suburban Conference Meet (JV) (hosted by T.F. North)	9 a.m.
J. 26	at Oregon Invitational (F)	9 a.m.

* - South Suburban Conference (SSC) meet

Home meets held at **Lemont High School**

Junior Varsity/Freshman Coaches: Jimmy Brennan, Ryan Hennebery

JV/Sophomore Boys' BASKETBALL

Date	Opponent	Time
N. 19-21	Lemont Thanksgiving Tournament (S)	
N. 27	Sandburg (S)	6:30 p.m.
N. 30	at Richards* (S)	5:30 p.m.
D. 1	at Sandburg (JV)	9 a.m.
D. 6	Argo* (S)	5:30 p.m.
D. 11	at Stagg (S)	4:30 p.m.
D. 14	Shepard* (S)	5:30 p.m.
D. 15	Stagg (JV)	9 a.m.
D. 15	Stagg (S-B)	10:15 a.m.
D. 21	Marist (S)	4:30 p.m.
D. 27-28	at Downers Grove South Tournament	
J. 4	at Oak Lawn* (S)	6:30 p.m.
J. 5	Oak Lawn (JV)	9:30 a.m.
J. 8	Evergreen Park* (S)	7:30 p.m.
J. 11	Eisenhower* (S)	5:30 p.m.
J. 13	vs. Leo (S) (Bob Hambric Shootout)	3:30 p.m.
J. 18	T.F. South* (S)	5:30 p.m.
J. 23	York (S)	5:30 p.m.
J. 25	at Reavis* (S)	5:30 p.m.
F. 1	at Hillcrest* (S)	5 p.m.
F. 2	at Minooka (JV)	9 a.m.
F. 2	at Minooka (S-B)	10:15 a.m.
F. 8	at Oak Forest* (S)	5:30 p.m.
F. 12	Bremen* (S)	5:30 p.m.
F. 15	at Tinley Park* (S)	5 p.m.
F. 22	at T.F. North* (S)	4:30 p.m.

* - South Suburban Conference (SSC) game

Home games held at **Lemont High School**

Sophomore Coach: Matt Synowiecki

Freshman Boys' BASKETBALL

Date	Opponent	Time
N. 19-21	Lemont Thanksgiving Tournament	
N. 27	at Sandburg	6 p.m.
N. 30	at Richards*	5:30 p.m.
D. 6	Argo*	4 p.m.
D. 11	Stagg	5:30 p.m.
D. 13	at St. Laurence	5 p.m.
D. 14	Shepard*	5:30 p.m.
D. 27-28	at Plainfield East Tournament	
J. 4	at Oak Lawn*	5:30 p.m.
J. 8	Evergreen Park*	4:30 p.m.
J. 11	Eisenhower*	5:30 p.m.
J. 18	T.F. South*	5:30 p.m.
J. 25	at Reavis*	5:30 p.m.
F. 1	at Hillcrest*	5 p.m.
F. 8	at Oak Forest*	5:30 p.m.
F. 12	Bremen*	5:30 p.m.
F. 15	at Tinley Park*	5 p.m.
F. 22	at T.F. North*	4:30 p.m.

* - South Suburban Conference (SSC) game

Home games held at **Lemont High School**

Freshman Coach: Graylin Smith

Sophomore Girls' BASKETBALL

Date	Opponent	Time
N. 12	at Lincoln-Way East	5:45 p.m.
N. 15	Riverside-Brookfield	7 p.m.
N. 27	Sandburg	5 p.m.
N. 29	at Argo*	5:30 p.m.
D. 4	at Shepard*	5:30 p.m.
D. 6	Oak Lawn*	7 p.m.
D. 8	at Shepard (JV)	9 a.m.
D. 11	Romeoville	5:30 p.m.
D. 13	at Evergreen Park*	6 p.m.
D. 17	at Plainfield East	5 p.m.
D. 26-29	at Oswego East Invitational	
J. 3	at Eisenhower*	5 p.m.
J. 8	Richards*	4:30 p.m.
J. 12	at Glenbard South	12 p.m.
J. 15	T.F. North*	5:30 p.m.
J. 17	at T.F. South*	5:30 p.m.
J. 22	Willowbrook	5:30 p.m.
J. 24	Oak Forest*	5:30 p.m.
J. 29	at Bremen*	5 p.m.
F. 1	Hillcrest*	5:30 p.m.
F. 5	Tinley Park*	5:30 p.m.
F. 8	Reavis*	5:30 p.m.

* - South Suburban Conference (SSC) game

Home games held at **Lemont High School**

Sophomore Coach: Shannon Druley

Freshman Girls' BASKETBALL

Date	Opponent	Time
N. 12	at Lincoln-Way East	4:30 p.m.
N. 15	Riverside-Brookfield	5:30 p.m.
N. 19	at Lyons Township	4:30 p.m.
N. 27	at Sandburg	4:30 p.m.
N. 29	at Argo*	5:30 p.m.
D. 4	at Shepard*	5:30 p.m.
D. 6	Oak Lawn*	4:15 p.m.
D. 11	Romeoville	7 p.m.
D. 13	at Evergreen Park*	4:30 p.m.
D. 17	at Plainfield East	5 p.m.
D. 27-28	at Plainfield East Tournament	
J. 3	at Eisenhower*	5 p.m.
J. 8	Richards*	6 p.m.
J. 12	at Glenbard South	10:30 a.m.
J. 15	T.F. North*	5:30 p.m.
J. 17	at T.F. South*	5:30 p.m.
J. 22	Willowbrook	5:30 p.m.
J. 24	Oak Forest*	5:30 p.m.
J. 29	at Bremen*	5 p.m.
F. 1	Hillcrest*	5:30 p.m.
F. 5	Tinley Park*	5:30 p.m.
F. 8	Reavis*	5:30 p.m.

* - South Suburban Conference (SSC) game

Home games held at **Lemont High School**

Freshman Coach: Lauren Panek



2018-19 Lemont High School

WINTER

ATHLETIC SCHEDULES

